



Vietnam Swans Football Club

RAISING FUNDS FOR CHILDREN'S SWIMMING CLASSES

5 August 2008

Road Deaths & Drowning are the 2 biggest causes of child deaths in Vietnam. Each day approximately forty children in Vietnam die from drowning. Most of these children could be saved - if they only knew how to swim.

The Vietnam Swans Australian Rules Football Club is working with Blue Dragon Children's Foundation and Intrepid Indochina Travel Company to arrange swimming classes in Hanoi.

Train the Trainer classes will be an important component of this program to ensure the project is ongoing.

Volunteers are on the go, but we need money to pay for pools, instructors and transport.

To help raise funds, 2 Swans' members, Michael Francis & Michael Johnston, will be taking part in the second annual Vietnam Triathlon in Hoi An on Saturday August 23rd.

<http://www.vietnamtriathlon.com/>

MJ will be attempting the Olympic event solo (idiot!).

The much more sensible MF will be the anchor runner in an Olympic event relay team that will have MJ's partner, Lee, doing the swim portion and Intrepid Cambodia's Manager, Richard North, doing the cycling leg.

You want to be involved - **DON'T YOU?**

Here's how. It's Easy - **Sponsor the Swans' triathletes and support a worthy cause.**

- \$5 = Buys goggles for 1 child
- \$10 = Hires a pool for 1 lesson
- \$15 = Provides transport for children and staff for 1 lesson
- \$20 = Hires a Swimming Coach for 1 lesson
- \$50 = Buys swimsuits for 10 children
- \$100 = Buys kickboards for 10 children for lessons

Choose one of the above sponsorship amounts and email your desire (be nice!) to:

MJ mjinvietnam@yahoo.com.au or Phil Johns phil.johns@cbre.com

Remember, any donation you make will be forwarded to Blue Dragon and matched dollar-for-dollar by the Intrepid Foundation, so you will be helping twice as much with one donation!

We're also thinking of holding a raffle where 2 of our lucky sponsor's names will be drawn to win the 2 sweat-stained triathlon outfits mailed immediately after the event to anywhere in the world - Yet to be confirmed, so stay tuned for more details on this one.

Of course, you're also welcome to join us if you happen to be in the neighbourhood on August 23rd!

Swans who want to make up a team have until August 8th to enter.